Am I Having a Stroke?

Stroke is the fourth leading cause of death in the U.S., and the leading cause of serious, long-term adult disability.

This year, a stroke will occur every 40 seconds and will take a life every 4 hours.

Recognizing symptoms and acting F.A.S.T. can save a life and decrease the chances of permanent disabilities.

If you believe that you or a loved one are experiencing a stroke, call 911 or go immediately to the emergency room.

FACE
Ask the person to smile. Does one side of the face droop?

ARMS
Ask the person to raise both arms. Does one arm drift downward?

SPEECH
Ask the person to repeat a simple phrase. Is their speech slurred or strange?

TIME
If you observe any of these signs, call 911 immediately.

SOURCE: www.stroke.org